
The following material was excerpted from two of P. M. H. Atwater's books – "*Beyond the Light: The Mysteries and Revelations of Near-Death Experiences*" (Avon Books, New York City, 1994), and "*We Live Forever: The Real Truth about Death*" (A.R.E. Press, Virginia Beach, VA, 2004). It is based on first-person commentaries from over 3,000 adult experiencers of near-death states. To learn more about the near-death research of P. M. H. Atwater, L.H.D. access www.pmhatwater.com

WHAT DEATH IS

There is a step-up of energy at the moment of death, an increase in speed as if you are suddenly vibrating faster than before.

Using radio as an analogy, this speed-up is comparable to having lived all your life at a certain radio frequency when all of a sudden someone or something comes along and flips the dial. That flip shifts you to another, higher wavelength. The original frequency where you once existed is still there. It did not change. Everything is still just the same as it was. Only *you* changed, only *you* speeded up to allow entry into the next radio frequency on the dial.

As is true with all radios and radio stations, there can be bleedovers or distortions of transmission signals due to interference patterns. These can allow or force frequencies to coexist or commingle for indefinite periods of time. Normally, most shifts up the dial are fast and efficient; but, occasionally, one can run into interference, perhaps from a strong emotion, a sense of duty, or a need to fulfill a vow, or keep a promise. This interference could allow coexistence of frequencies for a few seconds, days, or even years (perhaps explaining hauntings); but, sooner or later, eventually, every given vibrational frequency will seek out or be nudged to where it belongs.

You fit your particular spot on the dial by your speed of vibration. You cannot coexist forever where you do not belong.

Who can say how many spots there are on the dial or how many frequencies there are to inhabit. No one knows.

You shift frequencies in dying. You switch over to life on another wavelength. You are still a spot on the dial but you move up or down a notch or two.

You don't die when you die. You shift your consciousness and speed of vibration.

That's all death is. . . a shift.

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Thank you for your courtesy in observing this request. PMH
